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○ May 1, 2010

Adult Ministries

Single Focus

We are therefore Christ's ambassadors, as though God were making his appeal through us. We implore you on Christ's behalf: Be reconciled to God.

2 Corinthians 5:20

COMPETE—MENTOR—WIN PRIZES

It is time to show us what you are made of! Required—courage, strength and talent! Optional—sweat. Starting in June there will be five competitions—one a month—where teamwork will be the driving force.

Anyone eight years or older is challenged to participate.

This is targeted at single parents with children who would like a mentor. BUT, even married couples and their children can and are encouraged to participate.

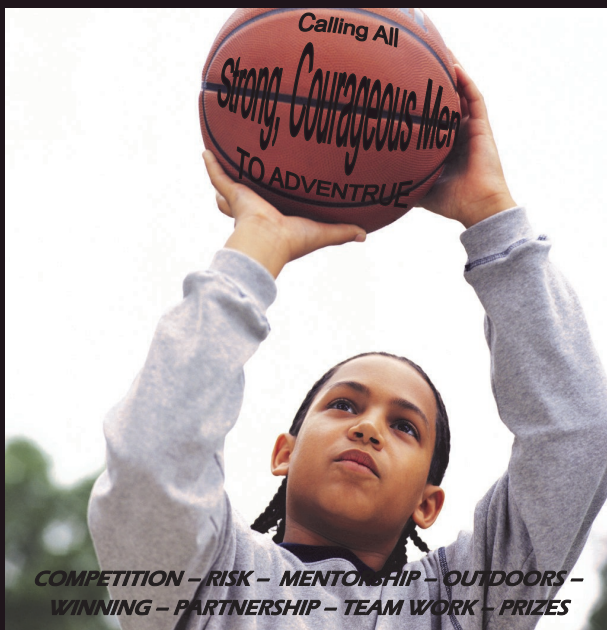
Adults will be paired up with a younger person in age (not with someone in your family or your own child or parent). You and your

(Continued on page 2)

Five Competitions:

June	Basketball shootout competition
July	Gun shooting competition (AK47 and M16)
August	Golf competition
September	Flag football competition
October	Tailgate cook-off competition-- in parking lot of the Church with football game on big screen!

THE BIGGEST EVENTS OF THE YEAR!



Up-Coming Events

- **Calling all strong, courageous men to adventure**—coming soon — Single Focus and the 20s Something group will be hosting outside events and will need men to be a mentor to a child eight to 18.
- **Church cleaning** – Single Focus members and anyone who wants to help - Wednesday, May 26.
- **Boundaries in Dating** – Postponed.
- **2010 Singles Canoe Trip** - Registration is now open - weekend of July 16-18 .
- **SINGLE FOCUS IS TAKING A BREAK FROM MEETING ON SUNDAY MORNINGS—WE WILL ANNOUNCE WHEN BIBLES STUDIES RESUME**



partner will have the opportunity to compete against other teams in challenging events for terrific prizes. Men, Women, singles, married, children eight years and older are all welcome to participate. Men will be paired with boys for their team partners and Women will be paired with girls for theirs.

Why should YOU compete?

1. to be a mentor to a child from 8 to 18
2. to be mentored
3. **to win prizes !**
4. to overcome and conquer
5. to enjoy the outdoors
6. **to show off your talents !**
7. to learn a new sport
8. to improve in a sport

9. **to experience how Christians can have fun in friendly competition !!!!**

Possible prizes

- Green fees
- Golf balls
- Sporting event tickets
- Athletic wear
- Dick's Sporting Goods gift certificates
- Shoes
- Football
- Basketball
- Grill

To Be Announced

Exact dates, locations, equipment needed and cost.
Specific details and guidelines of each individual competition.

SIGN UP NOW !

Sign up sheets are in the foyer at Life Church, or go to www.lifechurchoftheplains.com, or get with any of the following committee members:



Jeremy Costello



Kevin Schultze



Kyle Applegate



Dane Danninger



Jesse Welsh



Kevin Kufahl



Ronda Welsh

Financial Peace University
<http://www.daveramsey.com>

When the participants at Life Church were asked what the most beneficial thing was they took away from experiencing the Financial Peace University series here is what they said:

- "I am no longer afraid to check my mail." "I now look at my on-line banking account everyday and know what my balance is."
- "I have not had a bounced check fee since starting the program."
- "I have an emergency fund and that alone has started my journey down the road of financial peace."
- "I have paid off over **\$2,000.00** in debt since we began the FPU class."
- "The real meaning of "live like no one else, so you can live like no one else".
- "When you follow the steps of the program there is a peace that comes financially."

"The session on giving showed me that I need to have more of an open hand with God's money. He'll do what He says he will, I just need to trust Him more."

"If I can get debt-free I would be able to feel more comfortable tithing much more, then I can "live like no one else."

"I liked the way it was setup. It covered, I believe, all areas of life."

"I'm excited to build wealth, so I can give more."

Debt Free - Financial Peace - JOY IN MY STEP !!

It is never too late to start. If you are interested in taking the class when we offer it again please get on the signup sheet on the table in the foyer.



2010 Singles Canoe Trip July 16-18

Registration is now open!
Registration will be done
on a first-come, first-
serve basis.

Enjoy a fabulous weekend of FUN, FOOD, and FELLOWSHIP on the Illinois River at Arrowhead Resort in Tahlequah, OK.

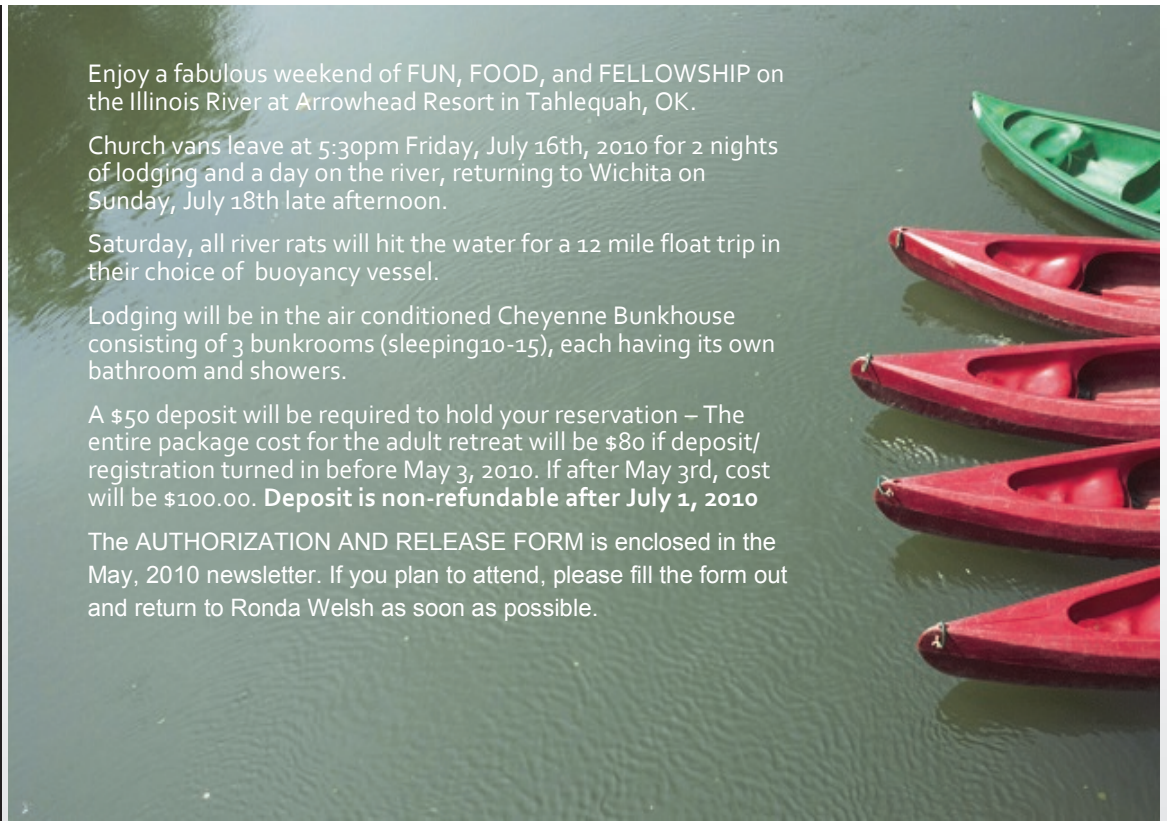
Church vans leave at 5:30pm Friday, July 16th, 2010 for 2 nights of lodging and a day on the river, returning to Wichita on Sunday, July 18th late afternoon.

Saturday, all river rats will hit the water for a 12 mile float trip in their choice of buoyancy vessel.

Lodging will be in the air conditioned Cheyenne Bunkhouse consisting of 3 bunkrooms (sleeping 10-15), each having its own bathroom and showers.

A \$50 deposit will be required to hold your reservation – The entire package cost for the adult retreat will be \$80 if deposit/registration turned in before May 3, 2010. If after May 3rd, cost will be \$100.00. **Deposit is non-refundable after July 1, 2010**

The AUTHORIZATION AND RELEASE FORM is enclosed in the May, 2010 newsletter. If you plan to attend, please fill the form out and return to Ronda Welsh as soon as possible.



Faith Experience in Kansas

It was a sunny, warm Saturday morning as I drove down highway 77. No wind, no clouds, nothing but sunshine and green trees and pastures. Jumping off a tower and zipping in mid-air was the farthest thing from my mind. Why would I be thinking about something that is NOT on my bucket list?

I arrived at PVCC camp in Arkansas City, Kansas. The singles retreat had already been going on since Friday. I was there to present a workshop. The participants were in worship while I was finding the camp host and signing in. She asked if I wanted to go horseback riding or zip lining. Only \$5.00 each. I grew up riding horses, so I had no doubt I wanted to partake in that activity. The weather could not have been better for a ride.

The location was beautiful, woods, water, trails, green everywhere! Then she asked again about the zip lining. Why would I do that I am afraid of heights and have no intention of "facing my fear"?! For some reason, completely out of my control, I signed up for zip lining too. I thought to myself, it will be easy to get out of that. Maybe it will not even really take place anyway, I thought. I guess I was in denial.

The trail ride was perfect, although too short! Then, they said it was time for the zip lining. I went up where they were putting on helmets and harnesses. I did not hasten to put one on. Instead I cowardly got defensive with the instructor and the people around me. It was rather silly, I was trying to argue with them about something I signed up to do.

Women I had just met that day and some I knew a little were very encouraging. In fact, one was determined I was going, so much that she said I had to go before her, so she could make sure I did not back out. Another gal, said it was all about trusting God. She asked if I trusted her and if I trusted God. Wow, something to think about! So I reluctantly put on my helmet and harness and started the climb up the ladder of the tower.

My palms started sweating, my knees knocking as my legs shook. I practically had to close my eyes to even get up the ladder. Looking up scared me. Looking down scared me. I made it to the top. The instructor secured me to the tower. Four girls went ahead of me. It looked like a

breeze for them, but there was still terror inside me.

Then it came my turn. I nearly crawled to the fencing that would take me to the ledge. I could not face the outside, so I turned to look inside the tower as I made my way out on the tower. I gripped the ledge with all my power. I knelt half way down and turned around still holding on with a death grip. I managed to sit down while still holding onto the tower fence for life with one hand.

The instructor got all the straps hooked up and ready to go and said in a real calm voice, "Now grab a hold of the rope above you, lean forward, pull up and go." I began to cry. I was terrified and could not for the life of me figure out why anyone would want to do this and why I needed to do it!

Everyone on the ground was spewing words of encouragement. One woman behind me whispered, "hold my hand until you are ready." I took her up on that! Still crying, I eventually let go of her hand, which was likely bruised by now, and I grabbed the rope. Now I closed my eyes—or, wait—they were closed most of the time up to the point. I kept my eyes closed, did what the instructor said to do and I was off!

Swoosh, just like that! It was such a release, such a rush, such a free feeling! AND God protected me and taught me all in one fell swoop. I decided to try it again...this time I wanted to keep my eyes open. I experienced nearly the same fear and anxiety, just not to the point of tears this time and I was able to keep my eyes open.

It was a whole new experience this time. Something was broken off of me that day that was holding me back in my walk with the Lord and in several other areas of my life. I am glad to be free of it today! I cannot say that I will likely ever do the zip lining again and I have absolutely no intention of ever holding a spider (my biggest fear in the world), but I am freer!

Ronda Welsh



Other Events

Central Christian Church— Wichita

(Central Connection: Singles 40+ - 50+)

(Pathways: single adults in their 20s - 30s)

(Threshold: college/career age adults 18 - 24)

<http://www.ccc.org>

Central Christian Church— Wichita

(Singles 25 and up)

www.centralcommunity.org

• Central Connection

Meets at Central Christian Church in the multi purpose room on Sunday evenings at 6:30.

Central Community Church— Wichita

• His Helping Hands

May 1st, 8:30 am - 12 pm

We get together to volunteer as a group once a month. His Helping Hands is at 1441 E 37th St N. It is an outreach ministry of CCC to help those living in Wichita and Sedgwick County area that have need of household items. For more information checkout their web page. Contact: Carol Velez 617-2197

• Support Group for the Unemployed

Every Wednesday—7:00 p.m.

Offering support for practical, spiritual, and emotional support during this life-changing season. Info: Sharla, 299-1840; or Church Office, 943-1800

First Baptist Church—Augusta

www.fbcaugustaks.org

Every Tuesday—7:00 p.m.

DivorceCare. Learn how to deal with the pain of the past - look forward to rebuilding your life. This is non-denominational and features biblical teaching for recovering from divorce and separation.

Info: Church Office, 775-5466.

New Spring Church— Wichita

www.newspring.org

Contact: Megan Hopper
(megan.hopper@newspring.org)

Single adults: 18 - 24

Meets Thursdays at 7 p.m. East Building, Room A

Single adults: 25 - 39

Meets Sundays at 6 p.m. East Building, Room B

Single adults: 40 +

Meets Sundays at 6 p.m. East Building, Room A

Life Church
7070 Southwest 60th Street.
Augusta KS 67010
(3 Miles North of Augusta on Ohio Street)



Contact Information

Pastors Paul and Laurie Andrews

Phone: 316-775-6100

Email:

pastorpaul@lifechurchoftheplains.com

pastorlaurie@lifechurchoftheplains.com

Single Focus Adult Ministries

Lead Ronda Welsh

Phone: 316-409-4431

Email:

singlefocus@lifechurchoftheplains.com

20-Somethings Adult Ministries

Lead Jeremy Costello

Phone: 316-409-4431

Email:

jeremycostello@yahoo.com

Deep Dark Secrets Revealed

The faces you see here are the recent secret speakers. The highlights of what our recent secret speakers shared about are listed here as well. See if you can match the facts of their testimonies with the faces. If you were not able to be at our singles group to hear these ladies, take them to lunch and find out what the Lord has done in their lives!

JUMBLED FACTS ABOUT THEIR LIVES:

Meth addiction	Homeless and homeless shelter
Forgiven!	Going to heaven!
Kidnapping	Federal Officer slept on her sofa with a sub-machine gun
Sold out for Jesus!	Loves Jesus!
Psychiatric ward twice	Attempted suicide
Set free!	Sin debt paid in full!
Physical, mental and sexual abuse	Married five times
Courageous!	Set free!
Prison sentence	Cancer
Child of God!	Healed!
Couldn't locate her children for 4 1/2 years	Children hidden on Indian reservation
Chains broken!	All the glory to God!
Embezzlement	A piano was significant in two of the women's stories
Compassionate!	Experiences Grace!
Experience with Satan	Jail time
Protected!	Peaceful!
Mail theft	Gun trafficking
Joyful!	DID I SAY AND DID YOU HEAR -
Nearly losing children	SET FREE!
Set free!	
Abortion	
Transformed!	
Having to give up a child	
Loved by God!	

