

July 1, 2009

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# Adult Ministries

## Single Focus

*We are therefore Christ's ambassadors, as though God were making his appeal through us. We implore you on Christ's behalf: Be reconciled to God.*  
2 Corinthians 5:20

## How Do You See Yourself?



Article from: [Everyday Answers by Joyce Meyer](http://www.joycemeyer.org/OurMinistries/EverydayAnswers/encouragement.htm)  
<http://www.joycemeyer.org/OurMinistries/EverydayAnswers/encouragement.htm>

Do you like yourself? After years of trying to help people emotionally, mentally, spiritually and socially, it was a major breakthrough when I discovered that most people really don't like themselves. Some of them know it, while others don't even have a clue that this is probably the root of so many other problems in their lives.

God wants us to have great relationships, but self-rejection and even self-hatred are the roots of many relationship problems. In fact, I've found the Bible to be a book about relationships, providing valuable advice about my relationship with God, other people and even myself.

How are the relationships with other people in your life? What about your relationship with God...and even with yourself?

Did it ever occur to you that you have a relationship with yourself? While I've never given it much thought, I spend more time with myself than with anyone, and it's vital to get along well with me. Remember, you are the one person you never get away from.

We all know how agonizing it is to work day after day with someone we don't get along with, but at least that person doesn't come home with us at night. We can't get away from ourselves, not even for one second, so it's of the utmost importance that we have peace with ourselves.



## Up-Coming Events

- Single Focus Bible Study: Every Sunday, 9:00am
- Saturday, September 19, 2009: Singles Picnic
- Sunday, July 19, 2009: Single Focus Seminar - Love, Sex & Lasting Relationships
- Wichita Area Church Events

Many of us fall prey to self-rejection because we feel that nobody really loves us or accepts us. We figure that if nobody else loves us, then why should we love ourselves? Because we think others don't love us, we feel that we must not be worth loving. But that's a LIE we've believed for way too long!


We should love ourselves—not in a selfish, self-centered way that produces a lifestyle of self-indulgence, but in a balanced, godly way that affirms God's creation as essentially good and right. We may be flawed by unfortunate experiences we've gone through, but that doesn't mean we're worthless and good-for-nothing.

We must have the kind of love for ourselves that says, "I know God loves me, so I can love what God chooses to love. I don't love everything I

do, but I accept myself because God accepts me." We must develop the kind of mature love that says, "I know I need to change, and I want to change. In fact, I believe God is changing me daily, but during this process, I will not reject what God accepts. I'll accept myself as I am right now, knowing that I will not always remain this way."

Many times people who reject themselves do so because they can't see themselves as good, proper, or right. They fail to see themselves the way God sees them—as precious children He dearly loves.

As you begin to see yourself through God's eyes—someone who's loved and cherished—your view of yourself will begin to change. You'll begin to see yourself not as rejected, but as loved and accepted...unique and beautiful in His sight.



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## Upcoming Single Focus Study: Love, Sex & Lasting Relationships

Starting July 19, Single Focus will begin a course that reveals a better way to find love, stay in love, and grow in intimacy for a lifetime. This 10-part curriculum was developed by *Chip Ingram, President and Teaching Pastor for Living on the Edge, (www.lote.org)*. Living on the Edge is an international teaching and discipleship ministry. Through this ministry Chip Ingram is raising the bar of discipleship to help everyday Christians live out their faith.

Don't miss **LOVE, SEX & LASTING RELATIONSHIPS**  
Start Date: Sunday, July 19 (10 week series - Sundays)

Time: 9:00 am.  
Place: Life Church

Sign up sheet will be in the foyer. The Study Guide for the course is available, at \$7.95 per book, on line at:  
<http://store.lote.org/store/products>

### Other Area Events

#### BIKE RIDE

(Central Connection - Central Christian Church)

July 11th, 8AM. Meet in Newton at the Athletic park, 1st and Grand Avenue

Questions - contact Don Snyder 733-2991 or Ralph Reese 288-5267

#### BOWLING

(Central Connection - Central Christian Church)

July 18th, 3 PM. Meet at Thunderbird Bowl, 2440 S. Oliver one block south of Pawnee.

Meet at The Diner between 5:30 for Dinner.

Contact Tom Hoglund for information 258-7096

### The 2009 Picnic has been rescheduled

New date is Saturday, September 19, 2009.

3 Year Flame will play. Hamburgers, hotdogs and cold drinks will be served. Single Focus Adult Ministries will be planning and hosting the picnic along with help from the 20-Something group.

Look for more details in the August and September newsletters. We will keep you posted. Ticket price is \$5.00 and will be available before and after services each Sunday through Sept. 13 - *You must purchase a ticket to attend.*