

Sampler 6

LENT

and other times of reflection

*3 excerpts from*

CHANTS

FOR MEDITATION & CELEBRATION

*Leader 3<sup>rd</sup> Edition, 2009*

*music & texts by*

Kristopher Erik Lindquist

## Let Go, Let Be

Inspired by  
Meister Eckhart, 1260-1329 CE.

Kristopher E. Lindquist  
Berkeley, 1989

*Use the four accompaniments in any order, ad lib.,  
Arpeggios and/or more bass rhythm may be added.*

### Accomp I.

emin D+9 C+6 D emin

Let go, Let be, And re - ceive the Spir-it in all things.

### Accomp II.

emin amin bmin7 C D emin

Let go, Let be, And re - ceive the Spir-it in all things.

## Accomp III.

emin C amin bmin emin

Let go, Let be, And re - ceive the Spir-it in all things.

## Accomp IV.

emin C AMaj C D emin (E\*)

Let go, Let be, And re - ceive the Spir-it in all things.

*\*May be E Major on final ending.*

# Seek First the Realm of God 1

Inspired by Christian scripture,  
Matthew 6:33

Kristopher E. Lindquist  
Berkeley, 1989

The musical score is written in G major (one sharp) and 2/2 time. It consists of two systems of music, each with a vocal line and a piano accompaniment. The piano accompaniment features a steady bass line of quarter notes in the left hand and chords in the right hand.

**System 1:**

- Chords:** e<sub>min</sub>, b<sub>min</sub>, C, D
- Vocal Line:** Seek first the realm of God,
- Piano Accompaniment:** The right hand plays chords (E2-G2, B2-D3, C3-E3, D3-F#3) and the left hand plays a bass line (G1, B1, D2, F#2, G2, B2, D3, F#3).

**System 2:**

- Chords:** e<sub>min</sub>, D, G, e<sub>min</sub>
- Vocal Line:** Seek first the Di - vine. \_\_\_\_\_
- Piano Accompaniment:** The right hand plays chords (E2-G2, B2-D3, G2-B2, E2-G2) and the left hand continues the bass line (G2, B2, D3, F#3, G3, B3, D4, F#4).



# Show Us the Way

Kristopher E. Lindquist  
San Francisco, 1996

## Refrain

cmin      cmin/B $\flat$       A $\flat$       fmin      gmin7      B $\flat$       cmin

Show us the Way of com - pas - sion, — the Way of joy and peace.

cmin      cmin/B $\flat$       A $\flat$       fmin      gmin7      B $\flat$       cmin

Show us the Way of com - pas - sion, — the Way of joy and peace.

## Verse

E $\flat$  B $\flat$  gmin7 cmin A $\flat$  B $\flat$  gmin7 cmin

Show us the Way, show us the Way, show us the Way of life.——

E $\flat$  B $\flat$  gmin7 cmin A $\flat$  B $\flat$  gmin7 cmin

Show us the Way, show us the Way, show us the Way of life.——

*Repeat Refrain*

# CHANTS FOR MEDITATION & CELEBRATION

## Index VI. First Line - Title

2	A feast for all the people	80	Holy One, holy and mighty 1
4	All creation, dance and sing	81	Holy One, holy and mighty 2
6	Alleluia 1 (Holy One or Christ is	82	In the hand of God
8	Alleluia 2	84	Let go, let be
10	Alleluia 3	86	Let my prayer as incense rise to
11	Alleluia 4	89	Light of Christ
12	As we gather in your Presence	90	May all beings be happy
14	Awaken me from walking dreams	92	May blessing be poured upon
16	Be known to us, O Christ	93	My soul magnifies you 1
18	Beauty before me	94	My soul magnifies you 2
21	Beloved, whom I long for	96	My spirit rests in you alone
22	Beneath the surface things we see	97	My voice has wings
24	Blessed be the Holy One	99	Now, now the fullness of time
26	Blessing rest upon you	100	Now we go in peace
28	Born of Water, born of Spirit	102	One in the Spirit
30	Breathe, Holy Breath	103	One in whom we live
33	Child of the Universe	104	One who was
34	Christ above me	105	Open my eyes
36	Christ is risen from the dead	106	Prepare the way of God
37	Come, Holy Spirit	108	Reveal yourself
38	Come to the circle	110	Rise up, rejoicing
41	Come to us	112	Round and round the table of
42	Deep peace	114	Seek first the realm of God 1
44	Earth does not belong to us	116	Seek first the realm of God 2
46	Fill me with bread	117	Servant of God 1 (...you heal)
48	From the fruit of your creation	119	Servant of God 2 (...you show
50	Glori, glori, gloria	120	Show us the way of compassion
52	Glory to God 1 (...throughout	123	Sing a new song unto God
54	Glory to God 2 (...in the Universe)	124	Source of our being
57	Glory to you	34	Spirit above me ( <i>see Christ above</i>
62	God the Living One we sing	127	Spirit in all that is
63	Hearts desiring	128	Through Creation God is singing
64	Here we gather at your table	130	We are children of the fireball
66	Holy 1: Holy, holy, holy One	132	We are earth and we are water
68	Holy 2: Holy, holy, holy One	134	We are in God
70	Holy 3: Holy, wholly, holy One	136	We are the light of the world
72	Holy 4: Holy, holy, holy One	137	We dance in the morning
74	Holy 5: Holy, holy, holy One	138	You shine within us
76	Holy 6: Holy God mysterious		
78	Holy 7: O holy, holy One		