

## *Practical Shamanism:* **Winning with Change!**

“The only constant is change.” ~ *Heraclitus of Ephesus (c. 535BC – 475BC)*

Since change is the only constant, how can you set yourself up to win with it? In this workshop, you will learn to navigate *successfully* the realm of conscious change.

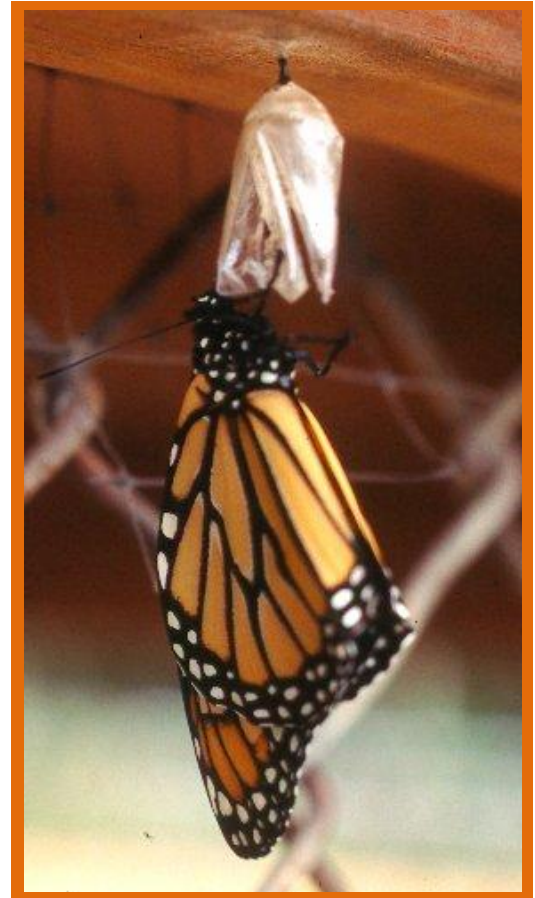
Using practical shamanic methods, discover how to attune to the creative force of change. Reclaim a sense of power and control over your existence, thus improving your mood and outlook on life.

Experience how to use shamanic journeying to establish your intentions at the level of the Soul, igniting your intuitive senses to guide you along the way. Learn how to use the four shamanic perceptual states to go beyond fear and act courageously at all levels of being:

- The level of Spirit: To co-create with the divine
- The level of Soul: To perceive your life as a journey of growth and discovery
- The level of Intellect and Emotion: To be willing to see things differently
- The level of Manifestation: To commit to getting the job done

Participate in this workshop and learn tools and practices that will enable you to “be the change you wish to see in the world.” Learn how to align your emotions, thoughts and actions with your intent, and how to hold your dreams at the place of all possibilities.

***Make change an ally on your life’s journey!***



**Date: Saturday, November 6th**

**Time: 10:00am - 6:00pm**

**Cost: \$50 FT Student Rate: \$20**

**Only \$30 if paid in full by Oct. 31<sup>st</sup>!**

**To register, visit our website or call 505-989-3507.**

*Jim Kinney and Jennifer Peters co-facilitate workshops at the Santa Fe Harmony Center. They are certified practitioners in luminous medicine and healing the light body. As part of their training, they traveled to Peru and worked directly with shamans of the Q'ero people in the Andes Mountains. They consider themselves "human potential" practitioners, providing experiential approaches to healing for over 20 years, using music and therapeutic methods from indigenous cultures, western psychology, neuro-linguistic programming, and a variety of spiritual practices.*

