

Shamanic Journeying & Drumming Group: *Journey with Your Spirit Allies in 2012*

"When you have a conscious relationship with a totem, it becomes your ally. Totems are often powerful messengers, healers, and protectors, and they bring great benefit to those who develop and maintain such relationships."

~ Nicki Scully, *Power Animal Meditations: Shamanic Journeys with Your Spirit Allies* (1991, 2001).

The shamanic journey is a healing experience that expands our awareness of being, empowering us to live our authentic destiny. It is a remarkable visionary method used by humans throughout time to explore the hidden universe, to connect with a larger reality, and to find spiritual guidance.

Group participants will directly experience the shamanic journey for insight, vision, and healing. You will meet up with your own helping spirits, and see firsthand how altered states of awareness can help provide answers to difficult personal questions, and mobilize energy for reaching goals in everyday life.

In this series of gatherings, we will journey with a power animal of the spirit world. Each group meeting includes a drum circle, a brief discussion of the qualities and wisdom of the animal totem, and one or two shamanic journeys. ***Prior journeying experience is not required.*** You can look forward to these journeys:

- Stalking with **Snow Leopard**: *Stepping Beyond Fear*
- Soaring with **Eagle**: *Rising to New Visions*
- Flowing with **Turtle**: *Exploring Life's Mysteries*
- Producing with **Beaver**: *Finding Joy in Life's Work*
- Flying with **Raven**: *Reclaiming Childhood*
- Swinging with **Elephant**: *Overcoming Obstacles*
- Slithering with **Cobra**: *Awakening Kundalini Energy*
- Leaping with **Stag**: *Discovering Earth's Ley Lines*



The Medicine Wheel - Shaman's Allies, Lynn Berryhill
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Date: Every 2nd Tuesday of the Month

Time: 6:30-9:00pm

Cost: \$20 per meeting

Special FT Student Rate: \$10

Come experience the power of the shamanic journey within sacred space held by the Harmony Center!

To register or for more information, call 505-989-3507.

Jim Kinney and Jennifer Peters own and operate the Santa Fe Harmony Center. They are certified practitioners in luminous medicine and healing the light body. As part of their training, they traveled to Peru and worked directly with the Q'ero people in the Andes Mountains. Jim and Jennifer are Human Potential Practitioners, providing experiential approaches to healing for over 20 years, using music and therapeutic methods from indigenous cultures, western psychology, neuro-linguistic programming, and a variety of spiritual practices.

