

# Energetic Personality Styles: *Embracing the Real You!*

“We are members of a vast cosmic orchestra, in which each living instrument is essential to the complementary and harmonious plan of the whole.”

~ J. Allen Boone

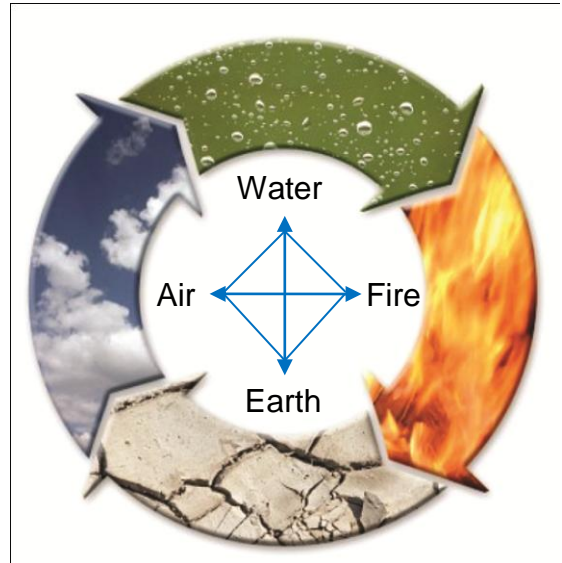
*Throughout our lives, we adapt our way of being to the demands of our environment. We are taught who and how to be, to the detriment of who and what we really are...  
...Now it's time to embrace our natural way of being!*

Come join us as we explore the four primary, energetic personality styles - and reclaim your core essence. Develop an understanding and appreciation for all of the styles, and learn how to interact effectively with others based on their energetic style.

At this workshop you will discover:

- Your primary & secondary energetic styles
- How to recognize the different styles
- When styles are in balance & out of balance
- How styles work together & relate to each other
- The best way to interact with each style
- Relationship matches & clashes

Come learn about the energetic personality styles! Increase your understanding and appreciation of yourself and of those with whom you live and work. Knowing how to relate better from your authentic self, you can be naturally happier and more effective in everything you do.



*We are the totality of all four styles, yet each of us resonates primarily with one of the elemental personality styles – Air, Water, Fire, or Earth.*

*Embracing our style frees us to experience a natural, harmonious way of being. Understanding other people's styles helps us to honor and appreciate their own natural way of being.*

**Date: Saturday, May 14th**

**Time: 10am-4pm**

**Cost: \$45, only \$30 if paid in full by May 9th**  
**Workshop includes a one-hour lunch break.**

**To register, visit our website or call 505-989-3507.**

*Jim Kinney and Jennifer Peters co-facilitate workshops at the Santa Fe Harmony Center. They are certified practitioners in luminous medicine and healing the light body. As part of their training, they traveled to Peru and worked directly with shamans of the Q'ero people in the Andes Mountains. They consider themselves "human potential" practitioners, providing experiential approaches to healing for over 20 years, using music and therapeutic methods from indigenous cultures, western psychology, neuro-linguistic programming, and a variety of spiritual practices.*

