

# Emotional Freedom Technique (EFT) “Tapping” into the Law of Attraction

*"There is a natural law of abundance which pervade the entire universe, but it will not flow through a doorway of belief in lack and limitation." ~ Paul Zaiter*



What they didn't tell you in "The Secret" about the Law of Attraction is that if you have blocks – limiting beliefs – held at a conscious **or subconscious** level of being, it just doesn't work the way you want it to. The "missing piece" is that we don't know how to get out of our way and open the door...

The Law of Attraction is always at work. Whatever we are feeling or **vibrating** (not what we are saying) is what we are energetically telling the Universe that we want to attract into our lives. So the path to "leading the good life" is to **change our vibrations** to match our desires. **You can't do this by ignoring, denying, or resisting your real feelings or past experiences!**

**In this workshop, you'll learn how to use EFT tapping to raise your vibrations to manifest your desires. It's fast, it's easy, and it works.**

EFT uses finger tapping on acupuncture meridians to target an emotion in such a way that we can name it, feel it, and release it. Founder of EFT, Gary Craig said, "The cause of all negative emotions is a disruption in the body's energy system." By clearing the blocks in our energy system, we feel relief and re-establish a beneficial flow of energy at a higher vibrational level. The Universe "listens" to these higher vibrations and responds by allowing into your life those things you want to attract.

The time is NOW to release anything that's standing in the way of your joy. Remember, **the Universe hears your vibration, not your words**. Discover how to use EFT to target and release the fears, anxieties, hurts, sense of powerlessness, unworthiness, personal flaws – whatever emotion or limiting belief that blocks you following your good. **Choose today to vibrate joy, health and abundance!**

Sunday, January 2, 2011 1:30-4:00pm Santa Fe Center for Spiritual Living  
**Cost is \$15, Half price for Full Time Students. 20% of fee will be donated to CSL**

**To register or for more information, call 505-989-3507 or visit [www.santafeharmonycenter.com](http://www.santafeharmonycenter.com)**

*Course facilitators Jim Kinney and Jennifer Peters are certified practitioners in luminous medicine and healing the light body. They consider themselves "human potential" practitioners, and incorporate EFT and other energy psychology techniques into their private practice as well as use EFT for their own personal well-being. They have provided experiential approaches to healing for over 20 years, and are cofounders of the Santa Fe Harmony Center.*

