

**Now -  
Drum Circles  
during the  
daytime!**



*Santa Fe Harmony Center*

# Sacred Drum Circle Classes

*Chakra Rhythm Series for Healing and Personal Transformation*

Chakras are energy centers in our body, corresponding to different aspects of our physical, mental, emotional, and spiritual life. In this Sacred Drum Circle Class series, you will learn how to drum rhythms that resonate to specific chakra frequencies.

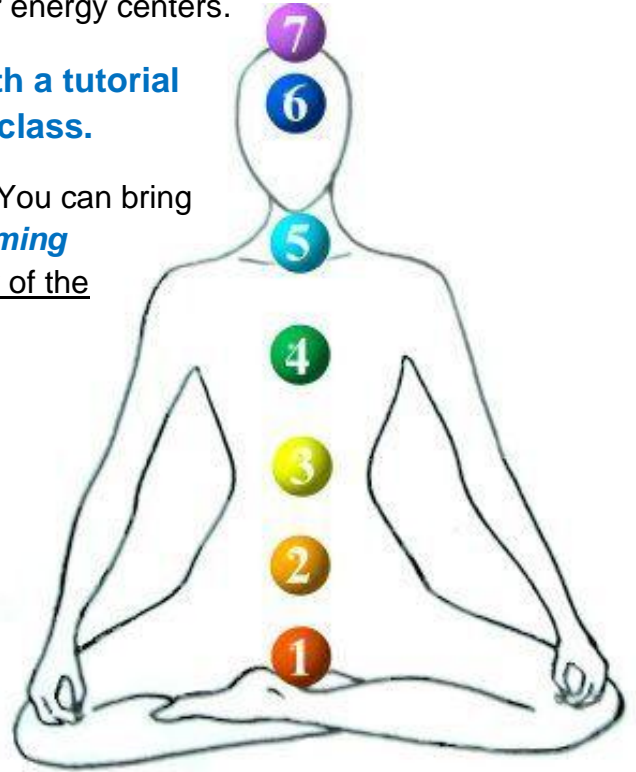
Each month will focus on a different chakra. These classes provide a fun, upbeat way to access and "charge up" each of your energy centers.

**Classes are 10am-Noon on Wednesdays, with a tutorial for newcomers from 9:45-10am before each class.**

The cost is \$10 per class, or \$30 for four sessions. You can bring your own drum, or use one of ours. ***No prior drumming experience is required***, and you can start with any of the chakra rhythms. Check it out!

## 2011/2012 Chakra Drum Circle Class

Month	Chakra	Focus
June	Root	Grounding
July	Sacral	Creativity
August	Solar Plexus	Self-Esteem
September	Heart	Love & Healing
October	Throat	Truth and Will
Nov/Dec	Brow	Intuition
Jan 2012	Crown	Spiritual Connection



The complete class schedule is posted on our website at [www.santafeharmonycenter.com](http://www.santafeharmonycenter.com), or call 505-989-3507 for more information.

We also offer sacred drum circles for therapeutic centers, schools, organizations, and special events.

*Jim Kinney and Jennifer Peters are co-founders of the Santa Fe Harmony Center, which provides hand drumming, music, energetic medicine, and workshops for healing and personal transformation. Jim has led drum circles for over 20 years, specializing in African, Latin, and Native American traditions. He also makes and repairs drums.*

*Jim and Jennifer are Human Potential Practitioners, providing experiential approaches to healing for over 20 years, using methods from western psychology, neuro-linguistic programming, sound healing, and indigenous cultures.*



Santa Fe Harmony Center ♦ 27 Two Trails Road ♦ Santa Fe, NM ♦ 87505 ♦ (505) 989-3507  
"Just ten minutes from the Plaza"