

BIGGEST LOSER TEAM CHALLENGE

FORMAT: All weight loss is based on percentage of loss, NOT pounds. Be careful because other teams might try to sabotage your dedication with freshly baked cookies, donuts or cakes. Have Fun and Thank you for playing!

FEE: \$80/team (\$40 automatically goes into the Prize Fund)

ENTRY DEADLINE: Friday, January 13, 2012

WHEN: January 18-March 14, 2012


WEIGH IN: Every Wednesday, 9 a.m. to 6 p.m. at KNRC Office.

PRIZES: Winning team get the Prize Fund which includes 1/2 of all entry fees plus \$10 / week from the team losing the least percentage for that week. Prizes for Top Individual Loser in Male and Female Categories.

RULES:

- Each team consists of 4 Members. Male or Female.
- Each team must weigh in on Wednesdays between 9 am and 6 pm at the KNRC Office.
- If a participant fails to weigh in and does not make prior arrangements, they must pay \$5 to the prize fund and 5 lbs will be added to their weight that week and it will not come off. DEDICATION!! If you are unable to make the weigh in and call the KNRC office, you will use the previous weeks weight without penalty.
- Team with least % of loss each week will put \$10 into the Prize Fund.
- Businesses and Individuals may form teams.
- Can only be on one roster.
- Exercise and Eat on your own. Please use healthy discretion while doing this.

1st Weigh In: Wednesday, January 18, 2012, between hours of 9am and 6pm at KNRC Office.

 <p>111 South Main Kingman, Kansas 67068</p> <p>Phone: (620) 532-2761 Fax: (620) 532-2324 Email: director@knrec.org rec@knrc.kscoxmail.com</p> <p>WEB: www.knrec.org</p>	<p align="center">BIGGEST LOSER TEAM CHALLENGE– Sign Up</p> <p>Team Name: _____</p> <p>Captain: _____</p> <p>Email: _____ Phone (H) _____ (W) _____</p> <p>TEAM MEMBERS:</p> <p>1) _____ E-mail _____</p> <p>2) _____ E-mail _____</p> <p>3) _____ E-mail _____</p> <p>4) _____ E-mail _____</p>
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